Quick reference prescribing guide to prevent inhaler duplication errors



Commissioning Support Unit

	SABA	SAMA	LAMA	LABA	ICS
Name of Drug Class	Short-acting beta ₂ agonist	Short-acting muscarinic antagonists	Long-acting muscarinic antagonists	Long-acting beta ₂ agonist	Inhaled corticosteroids
Generic drugs names included The ending helps identify the class	Salbutamol Terbutaline	Ipratrop ium (Atrovent)	Tiotrop ium Aclidin ium Glycopyrron ium Umeclidin ium	Formo terol Salme terol Oloda terol Indaca terol Vilan terol	Beclomet asone Flutic asone Momet asone Bude sonide Cicle sonide
Rules to observe when prescribing multiple inhalers	Can be prescribed with any other inhaler	Should not be prescribed with another muscarinic antagonist e.g. SAMA or LAMA	Should not be prescribed with another muscarinic antagonist e.g. SAMA or LAMA	Should not be prescribed with another long-acting beta ₂ agonist (LABA)	Two ICS's can be used together under secondary care supervision, often Ciclesonide.
Examples of combination			LAMA / LABA Combination e.g. Duaklir [®] , Ultibro [®] , Spiolto		
devices available				LABA / ICS Combination e.g. Fostair [®] , Symbicort [®] , S	
Where errors are most likely to occur			LAMA / LABA / ICS Co	mbinations e.g. Trelegy Ellip	ta [®] , Trimbow [®] , Trixeo [®] etc.